

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: ZCM

Coachinfo: Warming up from: 13:15 untill 14:10. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Peeters Steven HEADCOACH

Coaches: Vandenberg Sandra

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 14:32
Heat: 5/11 Lane : 1 Athlete: JANSSEN DRIES			Q-time: 01:44:36
PB (50m pool): 01:44.36 Mol 22/06/2025			PB (25m pool): 01:40.30 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.73	01:44.36	
	00:48.73	00:55.63	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 14:34
Heat: 6/11 Lane : 3 Athlete: ZEEUW MAX			Q-time: 01:37:38
PB (50m pool): 01:37.38 Genk 01/02/2026			PB (25m pool): 01:36.70 SB: 01:37.38 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:46.25	01:37.38	
	00:46.25	00:51.13	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 14:36
Heat: 7/11 Lane : 1 Athlete: SCHOOFs TUUR			Q-time: 01:31:71
PB (50m pool): 01:31.71 Wezenberg 05/01/2025			PB (25m pool): 01:26.70 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.17	01:31.71	
	00:44.17	00:47.54	
			

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: ZCM

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 14:36
Heat: 7/11 Lane : 7 Athlete: DRIJKONINGEN RUBE			Q-time: 01:30:97
PB (50m pool): 01:30.07 SportinGenk Park 19/05/2024			PB (25m pool): 01:26.03 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:30.07	
	no time		
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 11+			Heat:8, starttime: 14:38
Heat: 8/11 Lane : 3 Athlete: CROMMEN WOUT			Q-time: 01:23:36
PB (50m pool): 01:23.36 Genk 01/02/2026			PB (25m pool): 01:21.59 SB: 01:23.36 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:38.93	01:23.36	
	00:38.93	00:44.43	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 14:46
Heat: 1/13 Lane : 4 Athlete: DRIJKONINGEN LIEN			Q-time: 02:14:02
PB (50m pool): 02:12.08 SportinGenk Park 19/05/2024			PB (25m pool): 02:02.92 SB: no time
	5 0 M	1 0 0 M	
PB	no time	02:12.08	
	no time		
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 14:49
Heat: 2/13 Lane : 6 Athlete: MERLO ANNELIE			Q-time: 01:53:99
PB (50m pool): 01:53.99 SportinGenk Park 06/04/2026			PB (25m pool): 02:00.03 SB: 01:53.99 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:54.12	01:53.99	
	00:54.12	00:59.87	
			

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: ZCM

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 14:54
Heat: 4/13 Lane : 7 Athlete: CLAES AMBER			Q-time: 01:46:77
PB (50m pool): 01:46.77 Mol 22/06/2025			PB (25m pool): 01:41.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:50.51	01:46.77	
	00:50.51	00:56.26	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 14:56
Heat: 5/13 Lane : 2 Athlete: MERLO MAGALI			Q-time: 01:43:04
PB (50m pool): 01:43.04 SportinGenk Park 06/04/2026			PB (25m pool): no time SB: 01:43.04 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:48.92	01:43.04	
	00:48.92	00:54.12	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 15:01
Heat: 7/13 Lane : 1 Athlete: COOLEN HANNELORE			Q-time: 01:38:01
PB (50m pool): 01:38.01 SportinGenk Park 06/04/2026			PB (25m pool): 01:38.43 SB: 01:38.01 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:47.08	01:38.01	
	00:47.08	00:50.93	
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:3, starttime: 15:38
Heat: 3/10 Lane : 1 Athlete: PEETERS JOCHEN			Q-time: 01:20:71
PB (50m pool): 01:20.71 Genk 01/02/2026			PB (25m pool): 01:20.40 SB: 01:20.71 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:38.29	01:20.71	
	00:38.29	00:42.42	
			

Coach feedback:

M.Christophe Jorissen: Session: 2: COACH evaluation sheet for TEAM: ZCM

Event number: 21: 100M FREESTYLE MEN 11+			Heat:4, starttime: 15:40
Heat: 4/10 Lane : 4 Athlete: CROMMEN WOUT			Q-time: 01:08:05
PB (50m pool): 01:08.05 Genk 01/02/2026			PB (25m pool): 01:06.80 SB: 01:08.05 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:32.58	01:08.05	
	00:32.58	00:35.47	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:54
Heat: 2/12 Lane : 1 Athlete: DRIJKONINGEN LIEN			Q-time: 01:38:30
PB (50m pool): 01:38.30 SportinGenk Park 11/11/2025			PB (25m pool): 01:33.62 SB: 01:38.30 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:38.30	
	no time		
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:54
Heat: 2/12 Lane : 8 Athlete: MERLO ANNELIE			Q-time: 01:38:51
PB (50m pool): 01:38.51 SportinGenk Park 06/04/2026			PB (25m pool): 01:41.75 SB: 01:38.51 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:45.88	01:38.51	
	00:45.88	00:52.63	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 15:56
Heat: 3/12 Lane : 3 Athlete: MERLO MAGALI			Q-time: 01:19:62
PB (50m pool): 01:19.62 SportinGenk Park 06/04/2026			PB (25m pool): 01:20.91 SB: 01:19.62 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:37.59	01:19.62	
	00:37.59	00:42.03	
			

Coach feedback:

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Event number: 22: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 15:56
Heat: 3/12 Lane : 8 Athlete: COOLEN HANNELORE					Q-time: 01:23:69
PB (50m pool): 01:23.69 SportinGenk Park 06/04/2026					PB (25m pool): 01:21.92 SB: 01:23.69 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M			
PB	00:40.41	01:23.69			
	00:40.41	00:43.28			
					

Coach feedback:

Event number: 23: 200M BACKSTROKE MEN 13+					Heat:2, starttime: 16:23
Heat: 2/4 Lane : 1 Athlete: JANSSEN DRIES					Q-time: 03:10:50
PB (50m pool): 03:10.50 Genk 01/02/2026					PB (25m pool): 03:01.95 SB: 03:10.50 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.67	01:32.60	02:23.11	03:10.50	
	00:43.67	00:48.93	00:50.51	00:47.39	
					

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+					Heat:1, starttime: 16:34
Heat: 1/3 Lane : 3 Athlete: CLAES AMBER					Q-time: 03:33:09
PB (50m pool): no time					PB (25m pool): 03:33.09 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 25: 400M FREESTYLE MEN 11+							Heat:3, starttime: 17:03	
Heat: 3/7 Lane : 2 Athlete: ZEEUW MAX							Q-time: 06:32:09	
PB (50m pool): 06:32.09 SportinGenk Park 08/03/2025							PB (25m pool): 06:13.56SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:30.39	no time	03:11.22	no time	no time	no time	06:32.09
	<i>no time</i>							
								

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Event number: 25: 400M FREESTYLE MEN 11+							Heat:3, starttime: 17:03	
Heat: 3/7 Lane : 5 Athlete: PEETERS JOCHEN							Q-time: 06:09:67	
PB (50m pool): 07:17.35 SportinGenk Park 19/05/2024 PB (25m pool): 06:09.67 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	07:17.35
	<i>no time</i>							
								

Coach feedback:

Event number: 25: 400M FREESTYLE MEN 11+							Heat:5, starttime: 17:17	
Heat: 5/7 Lane : 5 Athlete: DRIJKONINGEN RUBE							Q-time: 05:14:51	
PB (50m pool): 05:14.51 SportinGenk Park 08/03/2025 PB (25m pool): 07:25.59 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:11.44	no time	02:32.71	no time	no time	no time	05:14.51
	<i>no time</i>							
								

Coach feedback:

Event number: 25: 400M FREESTYLE MEN 11+							Heat:5, starttime: 17:17	
Heat: 5/7 Lane : 8 Athlete: SCHOOFS TUUR							Q-time: 05:27:85	
PB (50m pool): 05:27.85 Mol 22/06/2025				PB (25m pool): 05:07.40 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.14	01:15.76	01:58.08	02:40.16	03:24.11	04:07.68	04:49.14	05:27.85
	00:35.14	00:40.62	00:42.32	00:42.08	00:43.95	00:43.57	00:41.46	00:38.71
								

Coach feedback: